# TABLE OF CONTENTS

## Adult Courses

<table>
<thead>
<tr>
<th>Course</th>
<th>Page</th>
</tr>
</thead>
<tbody>
<tr>
<td>Shield the Vulnerable Overview</td>
<td>1</td>
</tr>
<tr>
<td>Adult Exploitation in Pastoral Relationships</td>
<td>2</td>
</tr>
<tr>
<td>Cyberspace: Risks and Solutions</td>
<td>2</td>
</tr>
<tr>
<td>Detecting Predators</td>
<td>3</td>
</tr>
<tr>
<td>Eliminating Bullying</td>
<td>3</td>
</tr>
<tr>
<td>Inquiry vs. Investigation</td>
<td>4</td>
</tr>
<tr>
<td>Prevent Elder Financial Abuse</td>
<td>4</td>
</tr>
<tr>
<td>Prevent Vulnerable Adult Abuse</td>
<td>5</td>
</tr>
<tr>
<td>Protect Children: I. Predators &amp; Abuse II. Report Abuse</td>
<td>5</td>
</tr>
<tr>
<td>Visiting &amp; Care of Vulnerable Adults</td>
<td>6</td>
</tr>
<tr>
<td>Volunteer Anti-harassment &amp; Diversity</td>
<td>6</td>
</tr>
</tbody>
</table>

## Student Courses

<table>
<thead>
<tr>
<th>Course</th>
<th>Page</th>
</tr>
</thead>
<tbody>
<tr>
<td>Safety Smarts for Kids (Grade 4)</td>
<td>7</td>
</tr>
<tr>
<td>Block the Bully (Grade 5)</td>
<td>7</td>
</tr>
<tr>
<td>Be Safe, Stay Safe (Grade 6)</td>
<td>8</td>
</tr>
<tr>
<td>Bullying, Not Cool (Grade 7)</td>
<td>8</td>
</tr>
<tr>
<td>Digital Citizenship (Grade 8 — available Jan 2013)</td>
<td>9</td>
</tr>
<tr>
<td>Teen Safety (Grade 9)</td>
<td>9</td>
</tr>
<tr>
<td>Dating Abuse (Grade 10)</td>
<td>10</td>
</tr>
<tr>
<td>CyberSafety (Grade 11)</td>
<td>10</td>
</tr>
<tr>
<td>You’re Legal, What Now? (Grade 12)</td>
<td>11</td>
</tr>
</tbody>
</table>
Shield the Vulnerable Overview

TRAINING FOR A SAFE ENVIRONMENT

Shield the Vulnerable (STV), is a service of LawRoom that provides a suite of innovative, interactive, online training courses for students and adults. The courses trains adults who interact with children, youths and elders how to recognize, report and prevent abuse. The student courses are age appropriate and teach students from the 4th to the 12th grade about personal safety and make smart life choices.

Since mandatory reporting laws differ from state to state, our child abuse course is versioned to comply with specific state reporting laws. Also, organizational Codes of Conduct differ, so we incorporate and test on the organization’s codes to communicate specific expectations.

Shield the Vulnerable educates adults and young people about child abuse, predators, bullying, proper boundaries, healthy relationships, respect, the perils of cyberspace, elder abuse, life skills, and protects the most vulnerable members of society from maltreatment.

ENGAGED MINDS SUPPORT SAFE ENVIRONMENTS

There is no doubt of the positive impact that interactive training brings to learning and recall. Our highly interactive training courses are peppered with activities and learning assessments, including real case studies, and multi-quizzes, making the subject matter evocative and memorable.

Learners receive real-time feedback throughout our courses to ensure they are on the right track and maximizing opportunities for skill building. In addition, training online is convenient. Courses are available from any computer linked to the Internet, and can be taken anytime 24/7. Other advantages include:

- **Consistency** – everyone trained is on the same page, with consistent quality
- **Easy Implementation** – quickly deploy and train entire workforce
- **Self-Paced** – trainees learn at their own pace, not restricted by class schedules
- **Learning Management System** – register trainees, check progress, create reports
- **Documentation** – retain records electronically and print certificates of completion

Visit [www.shieldthevulnerable.org](http://www.shieldthevulnerable.org) or call us at 800.652.9546 for more information about STV.
ADULT COURSES

Adult Exploitation in Pastoral Relationships ....................... 5
Cyberspace: Risks and Solutions ....................................... 5
Detecting Predators ................................................................ 6
Eliminating Bullying ............................................................. 6
Inquiry vs. Investigation ....................................................... 7
Prevent Elder Financial Abuse .............................................. 7
Prevent Vulnerable Adult Abuse .......................................... 8
Protect Children: I. Predators & Abuse II. Report Abuse ....8
Visiting & Care of Vulnerable Adults ...................................... 9
Volunteer Anti-harassment & Diversity ................................. 9
Adult Exploitation in Pastoral Relationships

Though sexual abuse of children by clergy dominates the news, a less-publicized problem facing all denominations is sexual exploitation of adults by clergy. A recent national study found that one in 33 women in congregations experienced sexual advances by their religious leaders.

Training church personnel how to recognize the subtle signs of sexual exploitation of adults is a critical step in protecting the integrity of all pastoral relationships.

This interactive course explains how to report suspected exploitation, and provides behavioral guidelines for preventing exploitation.

Section I: Recognize Sexual Exploitation of Adults
Section II: Report Suspected Sexual Exploitation of Adults
Section III: Duty to Report
Section IV: Standards of Conduct

Cyberspace: Risks and Solutions

Popular media has raised awareness of the dangers young people face on the Internet. Since most young people know more about computers and new technology than the adults around them, it can be difficult to monitor their Internet use. Young people are also using new technology and tools on a daily basis, such as social networking sites, blogs, email, chat rooms, and online gaming.

How can adults help young people learn to safely navigate the Internet and avoid its dangers? This interactive course uses real-world situations to illustrate how adults can guard young people from Internet dangers.

Section I: Cyberspace Risks & Solutions
Section II: Defining the Risks
Section III: Finding Solutions
Detecting Predators

Experts estimate that one out of every four girls and one out of every six boys will be sexually abused before they turn eighteen. Adults are the first line of defense against predators. Understanding how predators operate, the techniques they use, and how to respond is vital. Every adult in contact with children needs to be knowledgeable about sexual predators and how to train children for safety.

This interactive course engages adults, raising their awareness of predatory techniques and the signs to look for in protecting children from predators.

Section I: Identifying Predators
Section II: Grooming Behavior
Section III: Protect Against Predators

Eliminating Bullying

Bullying isn’t new, but it is prevalent. In fact, more than 30% of youth in the U.S. experience bullying, either as a bully, target or both. The effect of this abuse on victims is often devastating and can lead to deadly violence. Many adults are concerned about whether children are safe at school and wonder how they can prevent bullying and its consequences. Bullying is about power. Understanding the dynamics of this abuse is the first step towards preventing it.

This interactive course covers the bully, the victim, and the bystander. The course prepares adults to recognize, address and prevent bullying.

Section I: The Dynamic Trio – Bully, Victim and Bystander
Section II: Types of Bullying
Section III: Breaking the Bullying Cycle
Section IV: Responding to Bullying
Section V: Standards of Conduct for Youth
Inquiry vs. Investigation

When adults suspect possible child abuse, they may delay or fail to report because they aren’t positive, or they don’t want to make things worse. Failing to report puts an abused child in jeopardy, and if the reporting party is a “mandated” reporter, that person can face penalties. State child abuse reporting laws set up a structure where reporters are responsible for “reasonable inquiry”, not investigation. For this reason, it is important for any child abuse reporter to know the difference between appropriate inquiry and inappropriate investigation.

This interactive course provides adults with valuable guidelines for child abuse reporting.

Section I: A Shared Responsibility
Section II: Finding Out About Abuse
Section III: Talking About Abuse
Section IV: Making a Report

Prevent Elder Financial Abuse

Research indicates alarming rates of elder financial abuse. Between 2008 and 2010, the annual loss suffered by victims of elder financial abuse grew 12% to at least $2.9 billion dollars. Unfortunately, the overwhelming majority of these crimes are not recognized, not reported, and not prosecuted.

This course focuses on financial abuse of vulnerable adults — mostly the elderly. It covers the scams and schemes perpetrated on the elderly to separate them from their life’s savings and assets.

Section I: Elder Financial Abuse
Section II: Profile of Financial Abuser & Vulnerable Adult
Section III: Duty to Report Abuse
Section IV: How to Determine Reasonable Suspicion
Section V: How to Make a Report
Prevent Vulnerable Adult Abuse

According to AARP, the number of Americans 65 or older will double to 71 million by 2030. Every year, an estimated 2.1 million elderly are victims of physical, psychological, or other forms of abuse. Experts estimate that for every case reported, there may be five that are not, highlighting the urgent need to raise awareness of this maltreatment.

That’s what this interactive course does. Plus, it teaches adults when and how to report abuse.

Section I: What is Elder Abuse / Financial Abuse?
Section II: The Vulnerable Profiles
Section III: How to Determine Reasonable Suspicion
Section IV: Recognizing the Signs of Abuse
Section V: Responding to and Reporting Elder Abuse

Protect Children: (State) Parts I & II

Part I: Predators & Abuse: Child abuse causes serious long-term consequences for its victims, including anti-social and self-destructive behaviors, and stress-related problems.

Part one is designed to raise awareness of child abuse with clear and easy-to-understand definitions of abuse, descriptions of common warning signs of abuse and child predator behavior, and things you can do to prevent abuse.

Part II: Report Abuse: In 2010, there were 695,000 confirmed cases of child abuse reported to U.S. authorities, and 85,440 made to the Canadian child welfare system in 2008. Unfortunately, it is estimated that this is just a small percentage of actual cases that go unreported.

Part two of the course provides information and interactive activities on the complete reporting process — forming a reasonable suspicion, what the reporting law requires, how to make a report of suspected child abuse, and what to expect after a report is made. Plus, it covers the specific state requirements of the child abuse reporting law.
Visiting & Care of Vulnerable Adults

This course addresses how to recognize and report the mistreatment of disabled and elderly adults who are unable to protect themselves. Many state laws require clergy and caregivers to report abuse, neglect and financial exploitation of vulnerable adults, and pastoral workers who visit the sick and homebound are in a unique position to help in this effort to detect and prevent mistreatment.

This interactive course engages pastoral workers in real-life scenarios they may encounter when visiting and caring for vulnerable adults to raise their awareness of the subtle warning signs of abuse and neglect.

Section I: Mistreatment of Vulnerable Adults
Section II: Recognize Abuse & Neglect
Section III: Recognize Financial Exploitation
Section IV: Report Mistreatment of Vulnerable Adults
Section V: Reaching Out To Vulnerable Adults

Volunteer Diversity Skills

The US population continues to grow increasingly diverse. When discrimination, harassment, resistance to change, and unconscious bias present obstacles to full participation in a diverse work environment (even for volunteers), an organization cannot achieve its mission.

This course covers communication and conflict resolution skills, and how to build a respectful environment in which everyone works together.

Section I: Valuing Diversity
Section II: Removing Barriers to Participation
Section III: Effective Communications
Section IV: Workplace Challenges
STUDENT COURSES

Shield the Vulnerable Overview ........................................ 1
Safety Smarts for Kids (Grade 4) ..................................... 2
Block the Bully (Grade 5) .................................................. 2
Be Safe, Stay Safe (Grade 6) ............................................. 3
Bullying, Not Cool (Grade 7) ............................................ 3
Digital Citizenship (Grade 8 — available Jan 2013) .......... 4
Teen Safety (Grade 9) .......................................................... 4
Dating Abuse (Grade 10) .................................................... 5
CyberSafety (Grade 11) ..................................................... 5
You’re Legal, What Now? (Grade 12) .............................. 6
Safety Smarts for Kids (Grade 4)

While it’s critical that adults understand how to recognize, prevent, and report child abuse, it’s equally important that young people (students) learn how to protect themselves. They are on the front lines. The dangers that students face, including abuse, neglect, bullying, and self harm must be communicated effectively, while at the same time promoting positive growth, balance and healthy self confidence.

This interactive course teaches young 4th graders to build and retain valuable life-skills to avoid potentially dangerous situations and to stay safe.

Section I: Staying Safe Around Adults
Section II: Staying Safe Around Kids
Section III: Avoiding Harm to Yourself

Block the Bully (Grade 5)

More than 30% of youth in the U.S. experience bullying either as a bully, target or both. That’s 5.7 million kids, and this number doesn’t take into account bystanders and others involved in bullying incidents. Bullying can have devastating effects and unpredictable outcomes. Youths need awareness and understanding of bullying to effectively deal with and respond to these situations.

This interactive course teaches students to identify, respond to, and prevent bullying.

Section I: Bullies
Section II: Targets
Section III: Sidekicks
Section IV: Bystanders
Section V: Defenders
Section VI: Valiants
Block the Bully Video Game
STUDENT COURSES

Be Safe, Stay Safe (Grade 6)

As kids get older, the subject matter for safety evolves, however, the importance of teaching them how to protect themselves remains constant. In addition to potential abuse, neglect and bullying, 6th graders are faced with increased peer pressure and opportunities for decision making. Kids need to learn the skills to stay safe, and at the same time maintain balance and healthy self confidence.

This interactive course encourages 6th graders to build and retain valuable life-skills to stay safe.

Section I: Staying Safe Around Adults
Section II: Staying Safe Around Kids
Section III: Avoiding Harm to Yourself

Bullying, Not Cool (Grade 7)

The phenomenon of bullying is finally getting the attention it deserves due to recent high profile cases in the media. Research shows that bullying reaches fever pitch during middle school. Students at this stage in their lives are simultaneously at their most vulnerable and most vicious. It is important for students to not only understand the mechanics of bullying but also to speak up and stand up against aggression.

This interactive course encourages students to be responsible for their own and other’s welfare by knowing how to recognize, react to, and prevent bullying in their own schools.

Section I: Types of Bullying
Section II: The Players
Section III: What You Can Do
Digital Citizenship (Grade 8 — available Jan 2013)

The Internet has connected over two billion people around the world to unlimited sources of information and instant communication with each other. Electronic media use has increased dramatically and 95% of teens are now online on their computers and smart phones. Texting, tweeting, social media, apps, online videos, and blogs shape the everyday lives of these "digital natives." But, this digital world poses risks to young people from peers and strangers alike.

This interactive course teaches young people skills to stay safe, including recognizing and avoiding abusive relationships and unsafe situations.

Section I: Identifying Abusive Behavior
Section II: Identifying Abusive Relationships
Section III: Avoiding Dangerous Situations
Section IV: Preventing Abuse
Section V: Standards of Conduct for Youth

Teen Safety (Grade 9)

The increased independence that teens experience naturally gives rise to added risks and dangers. In addition to abuse and abusive relationships, teens must learn how to appropriately handle dangerous situations, peer pressure, and decision making. Teens must be aware of how to protect themselves and maximize their opportunities for growth, while staying healthy and feeling good about themselves.

This interactive course teaches young people how to protect their privacy, stay safe online, and create a culture of good digital citizenship, using engaging content and interactive exercises to raise their awareness of potential harm from risky behaviors and misuse of the Internet.

LENGTH: 60 minutes

LENGTH: 30 minutes
Dating Abuse (Grade 10)

Dating abuse is a pattern of controlling behaviors that one partner uses to get power over the other. Unfortunately, the prevalence of this type of abuse is high, with one in four adolescents reporting verbal, physical, emotional or sexual abuse from a dating partner. Unhealthy relationship behaviors often start early and lead to a lifetime of abuse, highlighting the need to teach teens how to recognize, respond to and prevent abusive dating behaviors, and maintain healthy relationships.

This interactive course, including a compelling 9-minute video, teaches teens to identify and respond to situations of dating abuse experienced by themselves and their peers.

Section I: Preventing Dating Abuse
Section II: Recognizing Abusive Behaviors
Section III: Maintaining Healthy Relationships

LENGTH: 60 minutes

CyberSafety (Grade 11)

The explosion of the Internet, e-communications and social media in our society has positively impacted our access to information and ability to stay connected with others. On the flip side, new dangers have resulted from their use, particularly for young users. To realize the benefits of cyberspace, young people must be aware of the potential dangers it poses, including cyberbullying, sexting, and misuse of social media sites such as MySpace, Facebook, and Twitter.

This interactive course raises teen awareness of the harm that can result from using the Internet and e-communications.

Section I: E-communications
Section II: Types of harm, cyberbullying, legal consequences
Section III: Strategies for Preventing Harm

LENGTH: 25 minutes
You’re Legal, What Now? (Grade 12)

This course prepares teens for the adult world by teaching them how to navigate through legal and practical issues that will help them make informed adult decisions. Students become the band manager of Elephant Fox and help guide its members into the real world.

By answering their questions and making important choices for the band, users learn about employment issues, bank accounts, credit cards, social media, and civic duties like voting, registering for selective service, paying income taxes, and jury duty.

Students will also encounter identity theft, illegal downloading, date rape drugs, privacy and passwords, Internet scams, marriage, and domestic abuse.

Section I: Count Your Vote
Section II: Making & Managing Money
Section III: Getting Mobile
Section IV: Relationships & Renting
Section V: Getting Signed
Section VI: Dark Days